

# HEALTH & SOCIAL CARE CURRICULUM



**REVISION FOR COMPONENT 3 EXAMINATION**  
 Knowledge and understanding of health and well being  
 Analysing and evaluating case studies  
 Creating care plans

**PERSON-CENTRED APPROACHES AND RECOMMENDATIONS AND ACTIONS TO IMPROVE WELL BEING**  
 Knowledge and understanding of health and well being  
 Analysing and evaluating case studies  
 Creating care plans

**INTERPRETING HEALTH INDICATORS**  
 Heart rate  
 Blood pressure  
 BMI  
 The risks of abnormal readings and potential solutions

**COMPONENT 2: INTERNAL ASSESSMENT**  
 Skills, attributes and values in health and social care  
 Benefits to individuals  
 Values in health and social care  
 Obstacles for individuals requiring care

**COMPONENT 2: REVISION AND ASSESSMENT PREPARATION**  
 Skills, attributes and values in health and social care  
 Benefits to individuals  
 Values in health and social care  
 Obstacles for individuals requiring care

**SKILLS, ATTRIBUTES AND VALUES IN HEALTH AND SOCIAL CARE AND THE BENEFITS TO INDIVIDUALS**  
 Skills such as problem solving and organisation  
 Attributes such as empathy and kindness  
 The 6Cs  
 The benefits of all of these

**BARRIERS FOR INDIVIDUALS REQUIRING CARE**  
 Obstacles such as:  
 • Time constraints  
 • Psychological issues  
 • Resource availability  
 • Lack of support

**6CS IN HEALTH AND SOCIAL CARE**  
 Care, compassion, competence, communication, courage and commitment and how these are exemplified within the care profession.

**OBSTACLES THAT PREVENT CARE AND HOW THESE CAN BE OVERCOME**  
 How different health and social care workers can use their 6Cs, skills and attributes to help individuals access the care they need.

**YEAR 11**

Zone 11 starts

**INTERNAL ASSESSMENT: COMPONENT 1**  
 Life stages  
 PIES  
 Factors affecting growth  
 Different conditions affecting growth

**HUMAN LIFESPAN DEVELOPMENT: REVISION**  
 Life stages  
 PIES  
 Factors affecting growth  
 Different conditions affecting growth

**YEAR 10**

**COPING WITH CHANGE CAUSED BY LIFE EVENTS**  
 An individual's character traits  
 Different sources of support  
 Types of support that can be offered an individual during a life event

**DIFFERENT TYPES OF LIFE EVENT**  
 Factors such as:  
 • Health and well-being  
 • Relationship changes  
 • Life circumstances  
 How these impact an individual's PIES

**YEAR 9**

**HUMAN GROWTH AND DEVELOPMENT ACROSS LIFE STAGES (INFANCY & CHILDHOOD)**  
 The different life stages using the PIES (physical, intellectual, emotional and social) classification

**HUMAN GROWTH AND DEVELOPMENT ACROSS LIFE STAGES (ADOLESCENCE TO LATER ADULTHOOD)**  
 The different life stages using the PIES (physical, intellectual, emotional and social) classification

Visit to BCOT

**FACTORS AFFECTING GROWTH AND DEVELOPMENT**  
 Mental conditions  
 physical conditions  
 Lifestyle factors (such as diet)  
 Emotional factors  
 Social factors  
 Environmental factors  
 Cultural factors  
 Economic factors